



Don't FLUSH!

Preferred Ways to Dispose of Unused Medications

Kennebec County Sheriff's Office

The Kennebec County Sheriff's Office accepts unused and expired prescription medication from residents of Kennebec County. Medications may be dropped off at the Sheriff's Office:

125 State Street, Augusta

Or call 623-3591 to have a deputy pick up unused medications

Community Medication Collection Events

Household Hazardous Waste (HHW) and unwanted medication collection events take place periodically throughout the year, typically at town transfer stations.

Call Ross Nason, Environmental Planner, at 453-4258 Ext. 23 for detailed information from the Kennebec Valley Council of Governments.

Next events planned for the following towns will take place during Fall 2010:

Jackman	November 6, 2010
Pittsfield	October 2, 2010
Skowhegan	October 2, 2010
Waterville	October 16, 2010
Unity	To be announced
Augusta	Spring 2011

Maine Mail-back Program

The Safe Medicine Disposal for ME program provides Maine's residents with a safe disposal option for unused and unwanted medicine. Free medication mail-back envelopes are available at participating sites. This program is funded through a grant from the U.S. Environmental Protection Agency's Aging Initiative. To review the website, visit: <http://www.safemeddisposal.com>

Call the Safe Medicine Disposal for ME Program Helpline at 1-866-637-9743

~ see the next page for Kennebec County locations ~

~Kennebec County Mail-back Program Locations~

CVS Pharmacy
 2 Stone St., **Augusta**
 623-4181

CVS Pharmacy
 165 Capitol St., **Augusta**
 623-1170

CVS Pharmacy
 1 Kennedy Memorial Dr., **Waterville**
 873-7161

DFD Russell Medical Centers
 11 Academy Rd., **Monmouth**
 933-9646

Elm City Medical Associates
 109 Silver St., **Waterville**
 872-0866

Maine Association of Retirees
 280 Maine Ave, **Farmingdale**
 582-1960

Oakland Pharmacy
 54 Main St., **Oakland**
 465-3440

Randolph Community Pharmacy
 268 Water St., **Randolph**
 588-2482

Rite Aid Pharmacy
 83 Hospital St., **Augusta**
 623-1414

Rite Aid Pharmacy
 2007 No. Belfast Ave., **Augusta**
 622-2626

Rite Aid Pharmacy
 19 Main St., **Oakland**
 465-2757

Rite Aid Pharmacy
 210 Main St., **Waterville**
 877-9004

MaineGeneral
 Front Desks

Augusta Medical Center on E Chestnut St; Seton (30 Chase Ave)
 and Thayer Medical Centers (149 North St) in **Waterville**

Prescription Medicines Cause a HECK of a Problem!

- H = Health issue 95% of the 164 overdose deaths in Maine in '08 involved at least one pharmaceutical
- E = Environment In October '09 traces of pharmaceuticals were found in the leachate (run off) from Augusta's land fill
- C = Crime Drug and alcohol-related crime cost Mainers \$214 million in '05
- K = Kids Almost 20% of Kennebec County high school seniors have used prescription medications for non-medical reasons

Signs of Overdose

- Not Breathing
- Turning Blue
- Not Responding
- Snoring Deeply
- "Not Acting Right"

What to do:

Place the person on their side in the **Recovery Position** and call **911**

